


Manage your care with MyHealth

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Managing your care is quick and easy with MyHealth. Simply get your account and log in from your mobile phone or computer.

**EASY ACCESS TO HEALTH INFORMATION**

- Get test results
- View medications
- Trend biometrics (weight, blood pressure, etc.)
- Review past visit notes

**QUICK AND SECURE COMMUNICATIONS**

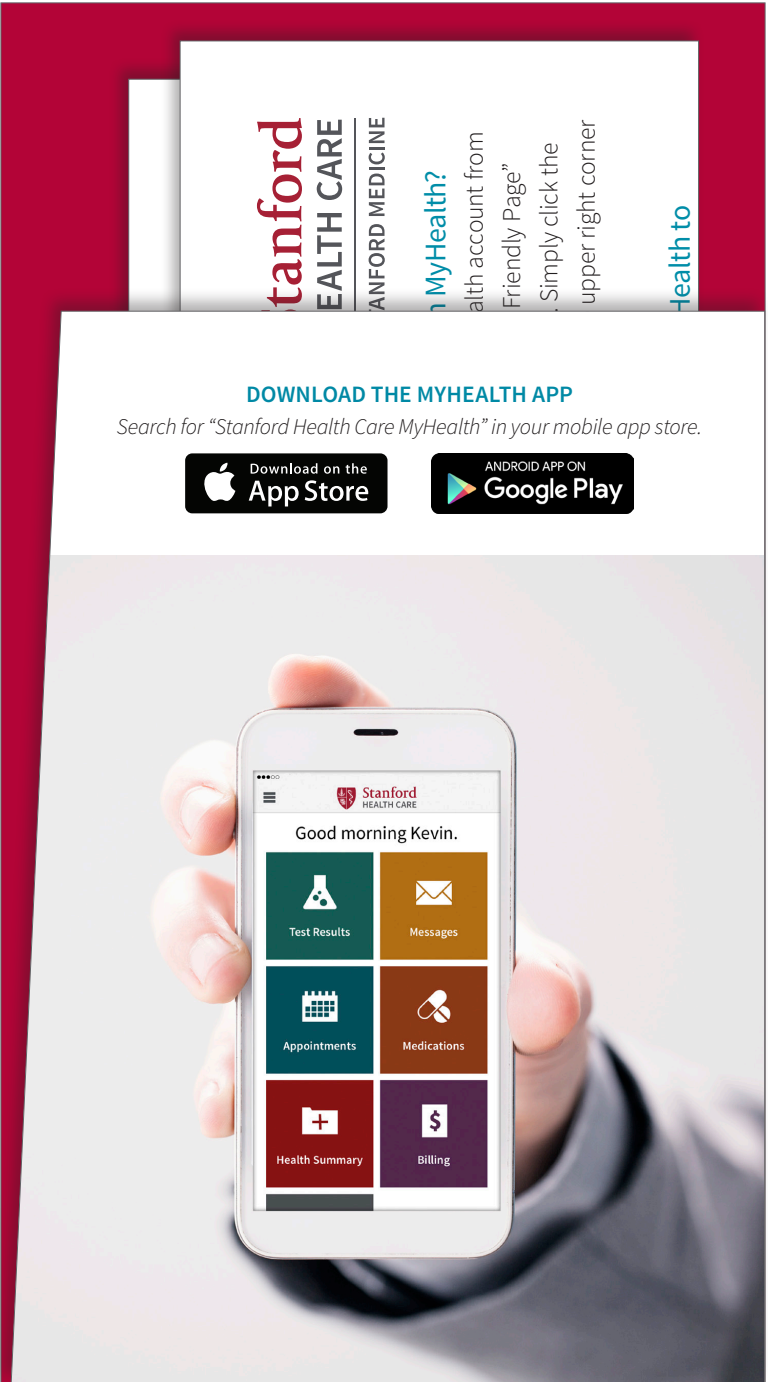
- Send messages to your care team
- Attach pictures when needed
- Receive email and mobile notifications regarding new test results and messages

**APPOINTMENTS, BILLING AND MORE**

- Schedule appointments
- View and pay bills
- Allow caregivers to "Share Access"
- Conduct video visits

**SIGN UP TODAY**  
[stanfordhealthcare.org/myhealth](http://stanfordhealthcare.org/myhealth)

personalized letter from the clinic and the MyHealth FAQs are tri-folded and inserted into this holder



**DOWNLOAD THE MYHEALTH APP**  
 Search for "Stanford Health Care MyHealth" in your mobile app store.

Download on the App Store | ANDROID APP ON Google Play

Good morning Kevin.

Test Results	Messages
Appointments	Medications
Health Summary	Billing