

# Advanced Heart Failure Referral Guide

## WHEN TO REFER A PATIENT TO STANFORD HEALTH CARE

Timely care is essential for patients with worsening heart failure. Our team advises a referral for a heart failure evaluation as soon as patients experience:



**Ejection fraction less than or equal to 35%**



**Class III\* or IV\*\* heart failure**



**1+ hospitalization for heart failure in past 6 months**

*\*Symptoms of class III heart failure include: marked limitation of physical activity; fatigue, palpitation, or dyspnea resulting from minimal activity; comfort at rest.*

*\*\*Symptoms of class IV heart failure include: inability to carry on any physical activity without discomfort; symptoms of heart failure at rest.*

### How to Refer a Patient to Stanford Health Care's Advanced Heart Failure Clinics

We strive to make it easy to refer and track your patients. Providers can:

- Call us at **650-724-4942** to schedule an in person or video visit appointment.
- Quickly and seamlessly refer cardiac and vascular patients through the Stanford CVH Flare app. For more information, go to **stanford.flarehealth.app** or call **877-606-3566**.

### Your Resource for Patients with Advanced Heart Failure

We offer comprehensive evaluations for people experiencing symptoms of advanced heart failure. We work closely with you to assess your patients and provide recommendations for the next steps in their care.

Learn more at [stanfordhealthcare.org/ahfclinic](https://stanfordhealthcare.org/ahfclinic)



“Do not be concerned about referring patients to us too early. We would rather see 10 patients too early than one patient too late.”

—Jeffery Teuteberg, MD  
Section Chief of Heart Failure and Consulting Physician

### Locations

#### Oakland

365 Hawthorne Ave  
Oakland, CA 94609

#### Pleasanton

5565 W. Las Positas Blvd, Ste 150  
Pleasanton, CA 94588

#### Stanford

300 Pasteur Dr  
Stanford, CA 94305



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